



केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



CBSE/ACAD/JS(AM)/2023

8th August 2023

Circular No. Acad-89/2023

All Heads of the Schools affiliated with CBSE

Subject: Adolescent Peer Educators Leadership in Life Skills, Health and Wellbeing Programme - Registrations for Fourth Phase of Training Programmes

Dear Principal

Background

The Board Vide Circular No. Acad-80/2021 dated 10th September 2021 has announced to initiate and support the Adolescent Peer Educators Leadership Program for enriching Life Skills, Holistic Health and Wellbeing of its students in collaboration with Expressions India. The Board launched the programme on 23rd November 2021.

Aims of the Programme

- To equip and enable students to play a vital role in creating a participatory climate for behavioural change and adaptation.
- To strengthen the inclusive environment for the psychosocial well-being and life skills development of children and adolescents across the country.

In this context, the Board has released the following circulars:

Circular No.	Date	Link
Acad-116/2021	17.11.2021	https://cbseacademic.nic.in/web_material/Circulars/2021/116_Circular_2021.pdf
Acad-45/2022	08.04.2022	https://cbseacademic.nic.in/web_material/Circulars/2022/45_Circular_2022.pdf
Acad-31/2023	08.02.2022	https://cbseacademic.nic.in/web_material/Circulars/2023/31_Circular_2023.pdf

So far 78 batches have been completed in which 7536 students and 3768 Teacher Mentors from 1915 schools have been trained.

Fourth Phase of Training Programmes

The Board will start the Fourth phase of the training programmes in the month of **October 2023**. The schools are requested to send their nominations as per the following:



'शिक्षा सदन', 17 राऊज़ एवेन्यू, इंस्टीटूशनल एरिया, नई दिल्ली-110002
'Shiksha Sadan', 17, Rouse Avenue, Institutional Area, New Delhi – 110002





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- **Nominate four senior students (Peer Educators) - two each from class IX and XI to participate in the comprehensive orientation program.**
- **Also nominate one Teacher and the School Counsellor/ Wellness**
- **Teacher to support the 4 peer educators.**

***Note: The school can register four students from class IX in case the school is affiliated till X.**

While nominating the representative Peer Educators Team, please ensure that all the team members have the following:

1. Enthusiasm and commitment for teamwork
2. Good communication skills and empathy for peers
3. Ability to model and lead appropriate behavior for others
4. Zeal for knowledge and sensitivity towards health and well-being issues

How to Register

- Participating schools may fill up the online registration form available at the link <https://forms.gle/eNNS3MfgcsCLQTLr9>.
- A brief note (400 words) of the online activities being carried out by the school for the promotion of **Life Skills, Holistic Health and Wellbeing** should also be submitted along with the registration form.
- The last date for filling the online registration form is 10th September 2023. Only online registration forms will be acceptable.

Number of schools per programme

- Around 50 schools shall be enrolled per training programme. The schedule of these programmes shall be accordingly informed to the respective schools. Certificate of Participation (e-certificate) will be awarded to the participating Students and Teachers.

School Heads are requested to encourage the involvement of students, teachers and counsellors for building a continuous climate of life skills education paradigm in the schools.

For further queries, please mail at peerlifefskills@gmail.com.

Dr. Joseph Emmanuel
Director (Academics)



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Copy to the respective Heads of Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shaheed Jeet Singh Marg, New Delhi-16
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
3. The Secretary, Eklaya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India.
4. The Secretary, Sainik Schools Society, Room No. 101, D-1 Wing, Sena Bhawan, New Delhi-110001
5. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odisha-751005
6. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110 054
7. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
8. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –737101
9. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791 111
10. The Director of Education, Govt. of A&N Islands, Port Blair – 744101
11. The Director of School Education, Ladakh, Room No.101-102, Ground Floor, Council Secretariat, Kurbathang, Kargil - Ladakh
12. The Director of School Education, Andhra Pradesh, 3rd Floor, B block, Anjaneya Towers, VTPS Rd, Bhimaraju Gutta, Ibrahimpatnam, Andhra Pradesh – 521 456
13. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector - 3, Rohini, Delhi
14. The Additional Director General of Army Education, A –Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
15. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRS Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
16. DS to Chairperson, CBSE
17. Secretary/ Controller of Examinations/ All Directors, CBSE
18. All Regional Directors/ Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions
19. All Joint Secretary/ Deputy Secretary/ Under Secretary/ Assistant Secretary, CBSE
20. All Head(s)/ In-Charge(s), Centre of Excellence, CBSE
21. In charge IT Unit with the request to put this Circular on the CBSE Academic Website
22. In-Charge, Library
23. Record File

Director (Academics)



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